

ILLINOIS NAWGJ Jan./Feb. 2007



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Jeanne's Corner:

THE ILLINOIS JUDGES REPORT FORM

REASONS:

There are several reasons for this form. Some may not be apparent. The Illinois USAG Committee is requesting this information to better assign the State Meets. Mary Lou was asked to provide sessions and events for every judge. We all know Mary Lou and Mary have enough responsibilities, assigning is a very demanding "volunteer" position. In addition, the Professional Involvement form is not really designed to address State Meet assigning. Many states have created their own form for that purpose. Now, only the level 10 and above rated judges will send in the Professional Involvement form. All Illinois judges will send in the Illinois Judges report form. They will both be due August 1st. Please fill the form out accurately, use two pages if needed, and mail or e-mail.

At the same time you are recording on your form, the Meet Referees will be sending to Sue Brosnan event assignments and numbers of gymnasts per level, for each meet. There will be a master spreadsheet compiled. For you, keeping a personal recording will be informative and educational. You will be able to track what levels and events judged as well as clinic and professional involvement. This will allow you to see your strengths and areas to improve/change. It is good to have a resume' of your work.

***PLEASE READ THE EDITORIAL ON THE NEXT PAGE!**

EDITORIAL:

There are a couple of reactions to this form. First, ideas/ corrections to this form are certainly welcome. There was an effort to keep it one page. Adding event preferences per state meet was also an afterthought. But the biggest reaction is “WHY?” It does not seem that the Committee uses the information that is already provided. Why do we need to do more? It appears that the clinics, the out-of- state travel, the volunteering, the Training Camps, the lectures and the extra studying are overlooked. Criteria for State Meet assignment are not stated or even apparent. The process for assignment is not understood. However, I do believe: the Committee is trying to do a good job, it is an overwhelming task, and it demands a high level of responsibility. I also know that it is easy to criticize. Judges are routinely involved with an educated and organized system of evaluation. It is hard to understand why there is not an educated and organized system for the assignment of State Meets. Criteria for choosing State Meet judges needs to be stated. Judges will then know expectations and can work positively in a professional direction. When there is not criteria and process, the result is confusion and a lack of conviction or purpose.

I have corresponded with Norbert and the USAG Committee. The letters written very clearly stated concerns and listed several problems with the State Meet assigning process. Norbert and I have had further conversations and recommendations are being discussed. Continue in the right direction, be professional and an excellent judge. And there is one more thing: I would like to encourage you to write. Please take the time to e-mail-a comment, a paragraph, a page. It will be easy to put together your ideas and comments on this subject and more. There will be a NAWGJ Board meeting February 8th and we definitely want your input.

JUDGING QUESTIONS,

WHAT YOU THOUGHT OF THE NEW JUDGES CUP CRITIQUE SYSTEM,
STATE MEET ASSIGNING COMMENTS
IDEAS FOR OUR JUDGING CLINICS
ANYTHING USAG OR NAWGJ

All of us have the same purpose in mind: To do what's best for the sport.

Thanks, Jeanne

CHANGES/CLARIFICATIONS IN THE JO PROGRAM FOR THE 2006-07 SEASON

FROM THE MAY WTC/JO COMMITTEE MEETINGS

C. Maloney, USAG Women's JO Program Manager

A. COMPULSORY CHANGES/CLARIFICATIONS

1. VAULT: Level 4's can place an unfolded panel mat on the uppermost surface of the mat stack/resi-pit to create a more stable landing surface.

2. BARS:

a. All levels: Fall time has been increased to 45 seconds, with warnings at 25 and 35 seconds

b. Level 4 Bar Mount: Glide swing: If the gymnast stands on a mat or board that is placed on the normal landing mat surface in order to mount from a higher surface, that mounting apparatus must be removed immediately after the jump for the glide is initiated.

c. Levels 1-4 Bar Mount - Pullover: a 0.30 deduction for supplementary support is applied if the gymnast pulls up to the bar and rests the chin on the top of the bar prior to pulling the hips over the bar.

d. Level 4 Bars - Front hip circle to immediate small cast

Clarification: If the gymnast finishes in a position that will not allow her to cast immediately, the 0.30 deduction for failure to execute a small cast immediately after front hips circle is applied. The gymnast is not required to perform the small cast at this point since she has already lost the opportunity to perform the cast immediately. If the gymnast does perform the cast, there is no deduction for extra swing.

e. Levels 1-5 Back Hip Circle: the deduction for "failure to maintain hip or upper thigh contact on bar throughout back hip circle" was changed from flat 0.20 to "Up to 0.20".

3. BEAM

A ½ (180°) pivot turn following the Scale has been added to the Level 5 beam routine. A replacement page 99 is posted on the USAG web site.

4. FLOOR EXERCISE

A 0.30 deduction has been added for a stop between elements in an acro series in a Compulsory Floor Exercise.

B. OPTIONAL CHANGES/CLARIFICATIONS

1. GENERAL:

a. Make the following changes in the JO Code of Points for Optional competition:

Under "Landing deductions for all elements and vaults":

Add to large faults: "Brushes/touches the landing surface with one or both hands (no support)

"Up to 0.30"

Under Very Large Faults on pages 15, 25, 67, 146, and 242: Change the wording to "Fall on mat to knee(s) or hips"

b. The "up to 0.30" deduction for insufficient height of salto elements applies to salto elements (from feet to feet) on floor and beam, and also to salto dismounts on bars and beam.

2. DISMOUNT REGULATIONS ON BARS & BEAM

JO Code of Points, Page 49, B. Bar Dismounts,

#3 Change to: If a gymnast performs a dismount element without a hecht or salto (move "dismount element of no value" to #4.

#4 now reads "If the gymnast performs a dismount of no value or makes no attempt to perform a dismount."

JO Code of Points, Page 131. 2. b. change to Deduct 0.30 for no dismount

Example: If the gymnast jumps off the end of the beam after performing a Round-off, but does not fall and does not remount the beam to perform the dismount element, deduct 0.30 for no dismount plus 0.50 for missing the dismount Special Requirement (do not take 0.50 for a fall).

Event & #	Description	Value
Vault:		
2.311	Front handspring onto board, front handspring on, salto forward piked off (Garbarino)	9.9
Bars:		
3.502	Clear hip circle on HB through HS, to reverse hecht in pike position (Piked Hindorff) (Jones)	E
Beam:		
2.301	Split jump with a change of legs (beat/entre chat quatre) prior to split position, landing on both feet simultaneously to finish in a kneeling position on one leg (Sweetin), also to a stand on both feet	C
2.505	Switch-side leap with additional $\frac{3}{4}$ turn (Ikoma)	E
7.402	From stand on one leg, swing through front aerial (George)	D
7.410	Flic-flac with $\frac{1}{4}$ twist to side handstand to immediate 1/1 pirouette (must be continuous)-lower to front support (Fortunato), also to optional end position.	D
8.402	From stand on one leg, swing through side salto (George)	D
9.303	Cartwheel with $\frac{1}{4}$ twist with repulsion from hands to a salto backward tucked dismount (Tsukahara tucked dismount) (Lawson)	C

D. ELEMENT VALUE CHANGES:

Bars:

#2.403 Back uprise with $\frac{1}{2}$ turn in handstand was D, now a C #2.303.

#3.507 Weiler kip to handstand with 1/1 turn after handstand (Healey) was E; now D (#3.407)

#5.408-Jaeger from LB to HB was D; now "C" - #5.305.

#4.204 (long swing forward with $\frac{1}{2}$ turn and flight over LB to hang on LB) raises from B to "C" whenever it is performed immediately following a D or E release element.

Beam:

#2.202 split jump was re-numbered to #2.201 so that all split jumps and split leaps are in same line in the JO Code of Points.

#7.303 - Side aerial was a C; now D- #7.403.

Note: Because this element is now a D, it will no longer be allowed for Level 8.

NEW BEAM ELEMENTS:

#3.203 1/1 (360°) turn with heel of free leg forward, at 45° throughout the turn, forward leg extended. = B

#3.202 1/1 (360°) turn on one leg, thigh of free leg backward upward at 45° throughout the turn = B

Floor Exercise:

#6.101 - Salto forward tucked with $\frac{1}{2}$ twist was "A"; now "B" - #6.201.

E. LEVEL 7 CHANGES

1. Beam:

Level 7's are now allowed to perform #2.302 - Straddle jump with 180° split on Beam to receive "B" value part. It may also fulfill the Leap/jump 180° special requirement.

2. Floor:

Level 7's are now allowed to perform #2.301 – Double (2/1) turn on one foot on Floor Exercise to receive "B" value part credit. It may also fulfill the minimum of 360° turn on one foot special requirement.

F. LEVEL 8 BAR CLARIFICATIONS

If a Level 8 performs #7.310 (pike sole circle on LB, release and counter movement forward in flight to hang on HB), it cannot count for two Special Requirements. The routine must contain two elements (same or different) with minimum of B value: One B must be an element from Groups 3, 6, or 7 and the other B must be either a flight element or an element with a turn of 180° or more.

If a Level 8 performs a clear hip circle (B), then performs another clear hip with a half turn that turns prior to 20° of vertical, the requirement of two B elements (one flight or turn, the other from Groups 3, 6 or 7) has been fulfilled.

G OPTIONAL BARS

Dismount Special Requirement for Levels 8-10 has been changed to include elements with hechts as well as saltos.

H. OPTIONAL BEAM

1. Dance series Special Requirement for Level 8-10 Beam was deleted and changed to "a leap or jump requiring a 180° cross or side split"

* must start and finish on the beam

*may be performed isolated or in a series.

2. A compositional deduction of 0.20 for lack of a dance series with a minimum of two dance elements from groups 1, 2, or 3 has been added.

3. **Clarification of the Beam Dismounts #9.209, 9.309, 9.409 and 9.509: Gainer back saltos off the end of the beam.** The technique is to perform these elements in a straight forward direction, with the salto performed like an "inward" dive in which the salto "flips" backward toward the beam.

• New specific execution deductions for Beam: Up to 0.30 for directional error on all gainer dismounts off the end of the beam.

4. **Level 8 Beam acro series Special Requirement clarification:** The non-flight element may be from the roll category (group 6). Example: Free forward roll to back handspring.



TSUK DE JOUR:

- **Good-bye & Good luck to Marteena Putzek who will be moving to Indiana in February.**
- **Donna Debolt has a NEW address—please make note of it. 426 Townhall Road, Metamora, IL 61548. She will not have a land line anymore—please call her cell # 309-253-2895.**

* **Sharon Barbato's new email address: sbarbato@comcast.net**

RJD Election- Carole Liedtke will be sending each eligible candidate a letter with a Letter of Eligibility and Duties of the Office of RJD, a form letter to be completed by a candidate with a Deadline date of Feb 1. Ballots will be mailed to all Level 10 and above judges in the region by the Vice President on Feb 15.

Ballots will be sent to the VP for counting by March 15.

The results will be sent to the candidate April 7.

The newly elected RJD assumes office June 1.

If you do not receive a Letter of Eligibility from Carole in the next 2 weeks and feel you are eligible contact her ASAP. Carole Liedtke 3100 Elder Park Rd.; LaGrange, KY 40031 (Perhaps you came from another region and have been a past SJD).

Eligibility: Must be 21 years of age; certified as a Level 10 or above-though suggested that you be certified at National Level or above, have been a voting member of a Regional Governing Board (SJD) or National Governing Board for at least one year (12 months), a candidate must be in good standing under the canons and disciplinary rules of the NAWGJ Code of Professional Responsibility; a current officer must be up to date with all required reports; reside in Region V (with special circumstances), meet requirements 90 days prior to eligibility being sent out.

Carole Liedtke-NAWGJ RJD REGION V

*Every Day is Earth Day
Recycle, Reuse, Reduce*

Three Illinois judges: Sarah Oberhauser, Richard Sabel and Jeanne Johnson and an Illinois State Team traveled to the National Judges Cup. The meet with over 1300 participants was held January 5th through the 7th, 2007, in the Indianapolis Convention Center. Illinois was very lucky to sponsor the St. Charles Gymnastics Team in the level 7 State Team competition. Representing Illinois in this highly competitive event were: Kelly Gorniak, Kristen Kampshnoer, Kaitlyn Wilson, Jordan Fisher, Katarina Kuhn, and Kimberly Robertson. The first place title went to Texas, 188.675 with a notable win over the Northern California team, 188.05, the traditional champions.

For the 2007 Season

Be prepared, studied and organized before the meet, set-up carpools, look professional, have necessary paperwork and materials: average sheet(acting judge), compulsory and optional books and cheat sheets, report and be ready 30 minutes before the meet for the judges meeting, listen to the Meet Referee and the Chief Judge, give attention to event details, be attentive and polite, judge and record accurately and independently, two score need to be on the score slip, and remain at your event until the meet is completed. Also, all Gymnastics professionals must wear their credentials and cell phone use is prohibited by anyone on the competitive floor..

The National Judges Cup in Indianapolis, Indiana held Jan 5-7 was a huge undertaking. With about 1500 gymnasts and about 100 judges and other volunteers it was produced by Patty Shipman and her company. Staff from the USAG also helped out. Everyone donated a great deal of time but produced a lot of smiles on the faces of the gymnasts as they marched up to a panel of 4 judges and other support judges all in uniform. 38 States had volunteer judges in attendance. States also donated items for hospitality and give aways for the judges. (I sure wanted to win the Godiva basket, but boo hoo I did not win anything!) It was great to see teams from Ohio, Indiana, Illinois and Kentucky in the State Level 7 competition. The following were listed on the volunteer list sent out before the meet-hopefully I have not missed anyone. I donated from the Region V RJD fund NAWGJ pins and a goodie bag with some snacks for each judge and some items left from symposium for the give aways. I especially know that the newer judges were in awe at being able to judge a National meet, and learned so much from everyone. You can see results at www.judgescup.com

Thank you very much for time and service to the National Judges Cup: Ky, Michael Crowe, Moncia Kennedy, Carole Liedtke, Tina Bryant, Angela Haagen, Mamie Vetter, Pat Brainer

Ohio: Jody Borda, Vi ringo, Damie Scott, Anne Vogel, Lucille Hunsigner Carol Amaut, Janie Ingram, Becky Cox, Diana Renzi, Debra Stoffl, Debbie White, Ilene Rehfuss, Judy Heeling, Quana Curtis, Jennifer Ditmer, Elizabeth Bardes, Pam Groskopf, Trisha Curlis.

Indiana: Lynne Ketner, Judy Kemp, Betty Heppner, Trudi Miller, Beth Coons, Connie Maloney, Susie Strange, Jackie Cushman.

Michigan: Joan Lee Boyer, Marlene Van-Farowe, Julie Berger-Anderson, Heidi Curtis, Kimberly dyer, Judy Dobransky.

Illinois: Jeanne Johnson, Sarah Oberhauser, Richard Sable.

Carole Liedtke-NAWGJ RJD REGION V

Every Day is Earth Day

- 2007 is an election year for the positions of Regional Administrative Committee Chairman (RACC) and Regional Elite Program Committee Chairman (RECC). Currently, Kathy Koeth Shufflin is the Region V Chairman and Mary Lee Tracy is the Region V Elite Chairman. USA Gymnastics is calling for nominations for both of the above positions. The procedure for nominations and the election are as follows: 1.) BY MARCH 1, 2007: Nominations are due to **Kathy Koeth Shufflin** 4002 Jane Avenue, Huron, OH 44839E-mail: Peacekk@aol.com 2.) Upon receiving nominations, Kathy Koeth Shufflin will verify that the nominee meets the criteria, has agreed to run, understands the job requirements, and has submitted a brief resume. 3.) BY MARCH 15, 2007: Kathy Koeth Shufflin will send all approved nominations to Rachel Brazo, USAGymnastics Women's Program Assistant. 4.) BY APRIL 1, 2007: The official Slate of Nominees will be posted on the USA Gymnastics web-site to begin voting. 5.) APRIL 15, 2007: Voting will be concluded. 6.) WEEK OF APRIL 15, 2007: Kathy Koeth Shufflin will receive the election results by email and then notify all candidates of the results.

• **Regional Administrative Committee Chairman and Regional Elite Program Committee Chairman Elections** RACC and RECC Elections for Women's Program will be conducted online at www.usa-gymnastics.org April 1-15, 2007. In order to ensure that your vote can be counted, each Professional Member should make sure of each of the following:

1. Their membership and Safety Certification are current by 02/28/07.
2. That their address is current (specifically the STATE)
3. That they know their personal User ID (which is their Professional Member Number)
4. That they know their PASSWORD (a Pro Member's Password is their eight digit date of birth (mmddyyyy) unless they have otherwise instructed)
5. [Go here to make changes to your personal data](#) Go to the Change Your Address or Club Affiliation section and click on the READ INSTRUCTIONS link to logon and make changes.

If you have any questions regarding your voting privileges or if you need to change your password please call Member Service at 1-800-345-4719.

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- [Regional Administrative Committee Chairmen / Regional Elite Program Committee Chairman Election Procedures](#) - 1/4/07

Here are the judges that the Region V Board has selected for our Regional Meets. Level 8 Regionals in Indianapolis, Indiana at DeVau's School of Gymnastics on April 27, 28, 29, 2007 Indiana - Judy Kemp, Mary Roth, Ruth Hanna, Loree Galimore, Lori Cook, Glenda Klememiniski, Jeri Phelps, Pat Crawford, Ohio - Nina Dent, Anne Vogel Illinois - Jeanne Johnson, Linda McDonald Kentucky - Terri Cooper, Debbie Klotz Michigan - Kathryn Geddert, Cathy Short Level 9/10 Regionals in Midland Michigan at Midland Gymnastic Training Center on April 20, 21, 22, 2007 Michigan - Judy Dobransky, Debra Campbell, Donna Trevethan, , Linda Morton, Brenda Burman, Augusta Lipsey, Alice Porter Ohio - Kittia Carpenter, Carol Arnaut Illinois - Hillary Carlson, Sandy Oldham Kentucky - Carole Liedtke, Vicki Smith Indiana - Connie Maloney, Nancy Gibson - 1/1/07

There has been some concerns about connecting a series on beam. When it is connected and when it is not. Below is information that should be helpful from the JO Code of Points.

Clarifications regarding a series:

Page 141—in the code of points states: (Section: III; A; #1-6).

A. In an Acrobatic or Dance series, the connection between the elements must be **CONTINUOUS**. A series is considered **broken if one or more** of the following occurs:

1. A stop between the elements.
2. A delay in the immediate take-off of the second element. This could be the result of pumping or circling of the arms contrary to the technique of the element.
 - *If the body continues its movement, the arm circle does not necessarily break the series.
3. Loss of balance, causing a stop between elements.
4. Repositioning of a support leg.
5. Extra step, hop/jump between the elements.
6. If there is a loss of tempo of the connection between the elements, apply the specific execution deduction of lack of tempo (continuity) between elements performed in a series. This refers to a continuous, but slow connection.
 - *This deduction is **not** added to the execution deductions of any individual element.

