

# Prep Op Gold Uneven Bars

SV 10.0 Max 10.0 1 Tap Swing = 1 As C ele = A or B

Spot .5 No Value Part

	<p><b>Difficult (A = .1 B = .3)</b> 6 As 1 B</p> <p><b>Special Requirements (.2 each)</b> Cast to Horz or above Circling Skill Kip - mt or in routine 1 Bar Change A or B Dismount</p> <p><b>Composition</b> ^.15 Dynamics</p> <p><b>Bonus</b> .1 Additional B (max 2) .1 Stuck Dismount</p>
	<p><b>Difficult (A = .1 B = .3)</b> 6 As 1 B</p> <p><b>Special Requirements (.2 each)</b> Cast to Horz or above Circling Skill Kip - mt or in routine 1 Bar Change A or B Dismount</p> <p><b>Composition</b> ^.15 Dynamics</p> <p><b>Bonus</b> .1 Additional B (max 2) .1 Stuck Dismount</p>
	<p><b>Difficult (A = .1 B = .3)</b> 6 As 1 B</p> <p><b>Special Requirements (.2 each)</b> Cast to Horz or above Circling Skill Kip - mt or in routine 1 Bar Change A or B Dismount</p> <p><b>Composition</b> ^.15 Dynamics</p> <p><b>Bonus</b> .1 Additional B (max 2) .1 Stuck Dismount</p>

# Prep Op Gold Balance Beam

SV 10.0 Max 10.0 Time 1:20 C ele = A or B

Spot .5 No Value Part

	<p><b>Difficult (A = .1 B = .3)</b> 6 As 1 B</p> <p><b>Special Requirements (.2 each)</b></p> <p>_____ 1)1/1 Turn</p> <p>_____ 2)Dance Series (2 ele)</p> <p>_____ 3&amp;4) 2 Acro w/ or w/o ft</p> <p>_____ 5)2 sec balance hold</p> <p>_____ 6)Leap/Jump 90 degrees</p> <p>_____ 7)Salto or Aerial Dsmt</p> <p><b>Composition</b></p> <p>_____ ^.15 Artistry</p> <p>_____ ^.2 Lack of Rhythm</p> <p><b>Bonus</b></p> <p>_____ .1 Additional B (max 2)</p> <p>_____ .1 Stuck (salto/aerial)</p>
	<p><b>Difficult (A = .1 B = .3)</b> 6 As 1 B</p> <p><b>Special Requirements (.2 each)</b></p> <p>_____ 1)1/1 Turn</p> <p>_____ 2)Dance Series (2 ele)</p> <p>_____ 3&amp;4) 2 Acro w/ or w/o ft</p> <p>_____ 5)2 sec balance hold</p> <p>_____ 6)Leap/Jump 90 degrees</p> <p>_____ 7)Salto or Aerial Dsmt</p> <p><b>Composition</b></p> <p>_____ ^.15 Artistry</p> <p>_____ ^.2 Lack of Rhythm</p> <p><b>Bonus</b></p> <p>_____ .1 Additional B (max 2)</p> <p>_____ .1 Stuck (salto/aerial)</p>
	<p><b>Difficult (A = .1 B = .3)</b> 6 As 1 B</p> <p><b>Special Requirements (.2 each)</b></p> <p>_____ 1)1/1 Turn</p> <p>_____ 2)Dance Series (2 ele)</p> <p>_____ 3&amp;4) 2 Acro w/ or w/o ft</p> <p>_____ 5)2 sec balance hold</p> <p>_____ 6)Leap/Jump 90 degrees</p> <p>_____ 7)Salto or Aerial Dsmt</p> <p><b>Composition</b></p> <p>_____ ^.15 Artistry</p> <p>_____ ^.2 Lack of Rhythm</p> <p><b>Bonus</b></p> <p>_____ .1 Additional B (max 2)</p> <p>_____ .1 Stuck (salto/aerial)</p>

# Prep Op Gold Floor Exercise

SV 10.0 Max 10.0 Time 1:30

C ele = A or B

Spot .5 No Value Part

	<p><b>Difficult (A = .1 B = .3)</b> 6 As 1 Bs</p> <p><b>Special Requirements (.2 each)</b> Acro Series - 2 w/ ft 2nd Acro Series - 2 w/ ft 1 salto or aerial Dance Passage - 2 ele Min B Turn Forward Acro Element</p> <p><b>Composition</b> ^.15 Artistry ^.2 Lack of Rhythm</p> <p><b>Bonus</b> .1 Additional B (2 max)</p>
	<p><b>Difficult (A = .1 B = .3)</b> 6 As or Bs</p> <p><b>Special Requirements (.2 each)</b> Acro Series - 2 w/ ft 2nd Acro Series - 2 w/ ft 1 salto or aerial Dance Passage - 2 ele 1/1 Turn Forward Acro Element</p> <p><b>Composition</b> ^.15 Artistry ^.2 Lack of Rhythm</p> <p><b>Bonus</b> .1 Additional B (2 max)</p>
	<p><b>Difficult (A = .1 B = .3)</b> 6 As or Bs</p> <p><b>Special Requirements (.2 each)</b> Acro Series - 2 w/ ft 2nd Acro Series - 2 w/ ft 1 salto or aerial Dance Passage - 2 ele 1/1 Turn Forward Acro Element</p> <p><b>Composition</b> ^.15 Artistry ^.2 Lack of Rhythm</p> <p><b>Bonus</b> .1 Additional B (2 max)</p>